

# Myositis Case Scoring Sheet

Case No:  
23

Investigator Name:  
Test144

Submitted At:  
8/17/2025, 3:39:01 PM

Case Presentation: Initial  
Manual Muscle Testing 8 (MMT 8)

Muscle Group	Right (0–10)	Left (0–10)	Axial (0–10)
Axial Muscle			
Neck Flexor	-	-	1
Proximal Muscles			
Deltoid	9	9	-
Biceps	8	7	-
Quadriceps	8	8	-
Gluteus Medius	9	9	-
Gluteus Maximus	8	9	-
Distal Muscles			
Wrist Extensor	9	8	-
Ankle Dorsiflexion	9	10	-
MMT-8 Scoring			
Individual Score	60	60	1
Total Score		121	
Maximum Individual Possible Score	70	70	10
Maximum Total Possible Score		150	

**Case Presentation: Initial  
Cutaneous Dermatomyositis Disease Area and Severity Index (CDASI)**

**CDASI Activity**

Anatomical Location	Erythema	Scale	Erosion/Ulceration
	0 - absent 1 - pink; faint erythema 2 - red 3 - dark red	0 - absent 1 - scale 2 - crust; lichenification	0 - absent 1 - present
Scalp	1	1	0
Malar Area	0	0	0
Periorbital	1	1	1
Rest of the Face	1	1	0
V area Neck (Frontal)	1	2	0
Posterior Neck	2	2	0
Upper Back & Shoulders	1	1	1
Rest of Back & Buttocks	1	2	1
Abdomen	1	1	0
Lateral Upper Thigh	1	1	0
Rest of Leg & Feet	2	1	1
Arm	2	0	1
Mechanic's Hand	2	1	0
Dorsum of Hands (Not Over Joints)	0	1	1
Gotttron's - Not on Hands	2	0	1

## CDASI Damage

### CDASI Damage

Anatomical Location	Poikiloderma	Calcinosis
Scalp	2	1
Malar Area	2	0
Periorbital	1	0
Rest of the Face	0	1
V area Neck (Frontal)	2	1
Posterior Neck	2	1
Upper Back & Shoulders	0	0
Rest of Back & Buttocks	1	1
Abdomen	1	0
Lateral Upper Thigh	1	0
Rest of Leg and feet	0	0
Arm	2	0
Mechanic's Hand	1	0
Dorsums of hands (Not Over Joints)	1	0
Gottron's - Not on Hands	1	1

## Gottron's, Periungual, Alopecia Assessment

### Gottron's – Hands

Examine the patient's hands and double score if papules are present		Ulceration	Examine patient's hands and score if damage is present	
0 - absent 1 - pink; faint erythema 2 - red erythema 3 - dark red	1	1- Present	0 - absent 1 - dyspigmentation 2 - scarring	1
Papule Present			no	

## Periungual

Periungual changes (examine)

0 - absent

1 - pink/red erythema / microscopic telangiectasias

2 - visible telangiectasias

0

## Alopecia

Recent Hair loss (within last 30 days as reported by the patient)

0 - absent

1 - present

0

### Overall Score Summary

#### Total Activity Score

Add up: Erythema, Scale, Excoriation, Ulceration, Gottron's, Periungual, Alopecia

163

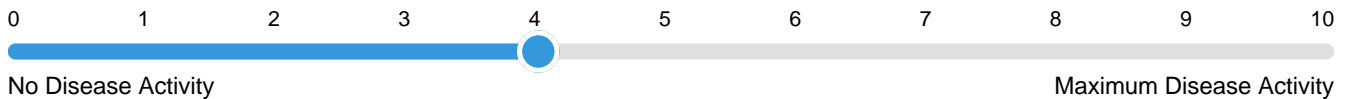
#### Total Damage Score

Add up: Poikiloderma, Calcinosis

23

### Case Presentation: Initial Physician Global Disease Activity

Please rate patient's global (overall) disease activity



**Selected Value: 4**

**Case Presentation: Follow up****Answers with possible correct responses based on patient's examination in the case.**

Muscle Group	Right (0–10)	Left (0–10)	Axial (0–10)
<b>Axial Muscle</b>			
Neck Flexor	-	-	10
<b>Proximal Muscles</b>			
Deltoid	9	10	-
Biceps	10	9	-
Quadriceps	10	9	-
Gluteus Medius	9	8	-
Gluteus Maximus	8	8	-
<b>Distal Muscles</b>			
Wrist Extensor	9	10	-
Ankle Dorsiflexion	8	9	-
<b>MMT-8 Scoring</b>			
Individual Score	63	63	10
<b>Total Score</b>		<b>136</b>	
Maximum Individual Possible Score	70	70	10
<b>Maximum Total Possible Score</b>		<b>150</b>	

**Case Presentation: Follow up  
Cutaneous Dermatomyositis Disease Area and Severity Index (CDASI)**

**CDASI Activity**

Anatomical Location	Erythema	Scale	Erosion/Ulceration
	0 - absent 1 - pink; faint erythema 2 - red 3 - dark red	0 - absent 1 - scale 2 - crust; lichenification	0 - absent 1 - present
Scalp	1	1	1
Malar Area	0	1	0
Periorbital	0	2	0
Rest of the Face	0	0	1
V area Neck (Frontal)	0	0	0
Posterior Neck	1	1	0
Upper Back & Shoulders	1	2	0
Rest of Back & Buttocks	1	1	1
Abdomen	1	0	0
Lateral Upper Thigh	1	2	1
Rest of Leg & Feet	1	1	1
Arm	2	0	0
Mechanic's Hand	1	1	1
Dorsum of Hands (Not Over Joints)	1	1	0
Gotttron's - Not on Hands	1	1	0

## CDASI Damage

### CDASI Damage

Anatomical Location	Poikiloderma	Calcinosis
Scalp	1	1
Malar Area	1	1
Periorbital	0	0
Rest of the Face	0	0
V area Neck (Frontal)	0	0
Posterior Neck	1	1
Upper Back & Shoulders	1	1
Rest of Back & Buttocks	1	0
Abdomen	1	1
Lateral Upper Thigh	0	0
Rest of Leg and feet	0	1
Arm	1	1
Mechanic's Hand	0	1
Dorsums of hands (Not Over Joints)	0	0
Gottron's - Not on Hands	1	0

## Gottron's, Periungual, Alopecia Assessment

### Gottron's – Hands

Examine the patient's hands and double score if papules are present		Ulceration	Examine patient's hands and score if damage is present	
0 - absent 1 - pink; faint erythema 2 - red erythema 3 - dark red	1	0- Present	0 - absent 1 - dyspigmentation 2 - scarring	1
Papule Present			no	

## Periungual

Periungual changes (examine)

0 - absent

1 - pink/red erythema / microscopic telangiectasias

2 - visible telangiectasias

1

## Alopecia

Recent Hair loss (within last 30 days as reported by the patient)

0 - absent

1 - present

0

### Overall Score Summary

#### Total Activity Score

Add up: Erythema, Scale, Excoriation, Ulceration, Gottron's, Periungual, Alopecia

170

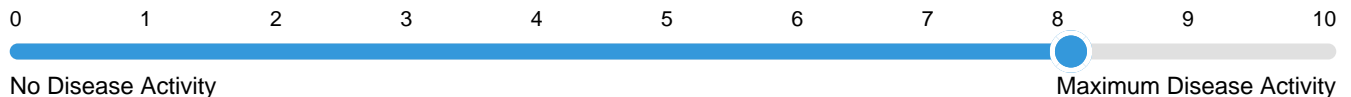
#### Total Damage Score

Add up: Poikiloderma, Calcinosis

16

### Case Presentation: Follow up Physician Global Disease Activity

Please rate patient's global (overall) disease activity



Selected Value: 8